



4th Annual Development Care Conference

Eat, Sleep, Play

AGENDA DAY 1, Wednesday, November 6, 2019

7:30 - 8:15	Registration & Breakfast
8:15 - 8:30	Welcome & Introductions
8:30 - 10:00	<i>Nourishing Infants and Families in the NICU</i> Erin Ross, PhD, CCC-SLP, Feeding Fundamentals
10:00 - 10:30	Break
10:30 - 11:30	<i>Music Therapy in the NICU</i> Elizabeth Klinger, MA, MT-BC Ann & Robert H. Lurie Children's Hospital
11:30 - 12:00	<i>Lego Serious Play Interactive Summary</i> Sue Horner, MS, APRN/CNS, RNC-NIC, CBC Ann & Robert H. Lurie Children's Hospital
12:00 - 1:00	Lunch - Provided
1:00 - 2:00	<i>Cultivating Play & Rest for the Caregiver</i> Janice Nuuhiwa, MSN, APN/CNS, CPHON Ann & Robert H. Lurie Children's Hospital
2:00 - 2:30	<i>Self-Care Moments: Chair Yoga for Caregivers</i> Sarah Parker, RN Ann & Robert H. Lurie Children's Hospital
2:30 - 3:00	Break & Snack
3:00 - 4:30	<i>SOFFI™ in the NICU</i> Erin Ross, PhD, CCC-SLP Feeding Fundamentals



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AGENDA DAY 2, Thursday, November 7, 2019

7:30 - 8:15	Registration & Breakfast
8:15 - 8:30	Welcome & Introductions
8:30 - 10:00	<i>The Importance of Sleep in the NICU</i> <i>Mary Coughlin, MS, NNP, RNC-E</i> <i>Caring Essentials Collaborative</i>
10:00 - 10:30	Break
10:30 - 11:30	<i>Assessing Sleep in NICU Infants</i> <i>Sue Horner, MS, APRN/CNS, RNC-NIC, CBC</i> <i>Ann & Robert H. Lurie Children's Hospital</i>
11:30 - 12:00	<i>Self-Care Moments: Meditation</i> <i>Jim Manzardo</i> <i>Ann & Robert H. Lurie Children's Hospital</i>
12:00 - 1:00	Lunch - Provided
1:00 - 2:30	<i>Mitigating NICU Trauma Through Play</i> <i>Mary Coughlin, MS, NNP, RNC-E</i> <i>Caring Essentials Collaborative</i>
2:30 - 3:00	Break & Snack
3:00 - 3:30	<i>Lego Serious Play Interactive Summary</i> <i>Sue Horner, MS, APRN/CNS, RNC-NIC, CBC</i> <i>Ann & Robert H. Lurie Children's Hospital</i>
3:30 - 4:30	<i>Developmentally Appropriate Play in the NICU</i> <i>Katelyn Zilles, CLS</i> <i>Ann & Robert H. Lurie Children's Hospital</i>
